



Paige Mitchell

Board Certified Life Coach | Motivational Speaker
Mental Health Advocate



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Based out of Denver, Colorado, USA
100% working remote

www.paigemitchell.coach

Connect with Paige on several Social
Media platforms using the handle:
@paigemitchell.coach

About Me

My mission is to help you craft your lifestyle to support your values. I help badass goal-getters reach their most ambitious dreams so they can live a fulfilling life & make a difference in their own unique way. I decided to switch careers from counseling and start my own coaching business in 2020. Now, I teach others how to find fulfillment in their everyday life through a growth-mindset.

Featured Podcast Guest

Big Locals Podcast with Ian Jimeno

Your Career GPS with Brad Minton & Cassie Spencer

Marketing for the Underdog with Amanda Melissa

Unorthodox Perspectives with Luke Burrows & Leeroy Mabonga

Exploring the Seasons of Life with Cynthia MacMillan

Elevate with Colin Mason

The Early Career Moves Podcast with Priscilla Esquivel Weninger

Plus many many more!!

Education

BA Psychology, Double Minor in Communications & Sociology

Master of Arts: Counseling

Board Certified Coach (BCC)

Accredited through The Center for Credentialing & Education (CCE)

The Institute of Life Coaching Training

Topics Paige Can Discuss

Her transformation story

Overcoming vague goals

Challenging your limiting beliefs

The power of self-talk/your unique narrative

Exploring your core values

Strengthening your boundaries

Creating your dream career and lifestyle

Why do you want Paige as Your Guest?

Paige has a wide variety of knowledge and expertise in the mental health field, career and life coaching community. Paige has over 10+ years experience working 1:1 with clients from all walks of life. She has partnered with professional peer references and maintains a commitment to continuing education. Paige's speaking style is friendly, honest and straightforward with compassion. Paige believes no goal is too big, or too small, and knows exactly how to help individuals make positive changes in their lives.